

**Psalms 25:14 NKJV** The secret of the LORD is with those who fear Him, and He will show them His covenant.

The Lord is "SHOWING" US the "SECRETS" of His Covenant

**What He IS SHARING is AWESOME, HELPFUL and UPLIFTING!**

**Ephesians 1:17-18 AMPC** "[For I always pray to] the God of our Lord Jesus Christ, the Father of glory, that He may grant you a spirit of wisdom and revelation [of insight into mysteries and secrets] in the [deep and intimate] knowledge of Him, **v18** By having the eyes of your heart flooded with light, so that you can know and understand the hope to which He has called you, and how rich is His glorious inheritance in the saints (His set-apart ones),"

The "Game Book" is your starting point but the "Playbook" is God's Goal for every Believer!

The Playbook contains the "secret" strategies and plans that empower the Church!

**By Guarding your heart In Christ you will eliminate the things that prevent and hinder His light from shining brightly and clearly!**

**Q – How do we STAY IN THE GAME?**

**A –** WE learn to Consistently GUARD our Heart

**Proverbs 4:23 AMPC** "Keep and **guard** your heart with all vigilance and above all that you guard, for out of it flow the springs of life."

- 🔥 All of Christ's Life in you flow's out the heart
- 🔥 Keep looking unto Jesus - **Hebrews 12:1-3**

**G-U-A-R-D**

The G-Guard, is Grace, we must continually grow in GRACE - gets you in the Team and on the field!

**U – Understanding**

**Ephesians 1:19 AMPC** "And [so that you can know and understand] what is the immeasurable and unlimited and surpassing greatness of His power in and for us who believe, as demonstrated in the working of His mighty strength,"

**Five Things that help us gain Understanding**

- a. Study your Bible
- b. Sow Patience into your life!
- c. Stay in Peace (Maintain)
- d. Spend Time with Jesus

**Proverbs 4:20-22 NKJV** "My son, give attention to my words; Incline your ear to my sayings. Do



not let them depart from your eyes; Keep them in the midst of your heart; For they are life to those who find them, And health to all their flesh."

George Müller, who lived in the 1800s, cared for about 10,000 orphans in five large orphanages. He had huge daily responsibilities; he had a lot on His plate! Was speaking with a very busy man, who said he worked 14-16 hours a day just to stay ahead and be successful so he really didn't have time for prayer and church!

George said: "every day, I set aside time to study the scriptures and sit in God's presence, talk to Jesus, until my inner man (Heart) is JOYFUL in JESUS.

YOU ARE SO BUSY YOU DON'T HAVE TIME TO NOT SPEND TIME WITH JESUS!

If you don't have time for this and you don't have time for your family, you will burden yourself and your family and it will hinder your Faith.

"Make time to nourish your inner man with the Word of God."

God will begin to ADD... Spend time with JESUS, just hanging out in His Presence, He's actually amazing to be around!

You will guard your heart and your Ministry will begin to flow with GRACE and your FAITH will increase!

**Acts 4:13 NKJV** "Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marveled. And they realized that they had been with Jesus."

My friend, you will not lose out when you take time to sit down in His Presence and listen to God's Word.

e. Speak the Word

**Psalms 34:12-14 NKJV** "Who is the man who desires life, And loves many days, that he may see good? Keep your tongue from evil, And your lips from speaking deceit. Depart from evil and do good; Seek peace and pursue it."

Speaking the Word into your life and to your circumstances will help you gain a heart of understanding.

Jesus understood the authority of God's Word and resolved to speak the Word only!

You can deceive your heart by speaking the wrong things!

- Don't make statements which are not true
- Don't make promises you cannot keep
- Don't flatter others with the words you speak
- Don't Gossip and bad mouth others



If you Guard your MOUTH, you are Guarding your heart!

G-U-A-R-D



## A – Attitudes

Our Attitude in life, determines way more than we sometimes realize! It will cause you to rise above what you are facing or keep you locked in a downward spiral!

**It's for this reason that a good attitude is critical in Guarding your Heart!**

**Philippians 2:5 AMPC** “Let this same attitude and purpose and [humble] mind be in you which was in Christ Jesus: [Let Him be your example in humility:]”

**An Attitude:** The mindset from which you view things! A settled way of thinking or feeling about something, that affects your behaviour

**(Sermon on the Mount – Starts with the Beatitudes)  
The Be-Happy Attitudes**

Guarding our heart involves the difficult but possible responsibility of working through our difficulties by addressing DOUBT and UNBELIEF which makes our HEARTS HARDEN.

**Matthew 5:1-2 NKJV** “And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying:

1. An Attitude is “I’m Satisfied”

**Matthew 5:3 NKJV** “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

The enemy works overtime at showing people what they don’t have: While we focus on that, we will always be “Unhappy” - looking for the next HIGH.

ATTITUDE:

**“I’m satisfied” In Christ, so I’m content with what I have.**

**I’m willing to Share the good things I have with others because it makes God Happy It Worships Him and therefore produces “satisfaction” in my heart!**

2. An Attitude of “Brokenness”

**Matthew 5:4 NKJV** Blessed are those who mourn, for they shall be comforted.

I’m OKAY and I’m on MY WAY, but I’m not where I should be, YET!

I remain “Broken” tender, receptive and compassionate, this helps me be ready so I can reach out and Comfort those who are suffering and help others feel better about themselves because of the loss they are experiencing!

**PLEASE NOTE:** each of these attitudes starts with “BLESSED IS.....”

GREEK WORD: MAKARIOS which actually means: Supremely blessed, fortunate, well off and happy

It’s counterpart in HEBREW: pictograph which describes an especially strong rope used to hold things together, it also means to walk straight.

Symbolically representing when our Attitudes are positive and healthy it keeps us connected to God and walking straight, producing real “Happiness”



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### 3. An Attitude of Meekness

**Matthew 5:5 NKJV** Blessed are the meek, for they shall inherit the earth.

Meekness isn't Weakness, its Strength under control.  
It's management of my emotions by remaining humble.

Humility – Having a true sense of who I really am and what I'm not without Jesus.  
(It's getting my mind off myself (my ego) and onto JESUS.)

♥ It's the proof of true greatness of soul because it comes from a heart so big it's never moved by little insults.

God Gives Grace to the Humble

1 Peter 5:5 tells us that God "sets Himself against the proud, but gives grace (favour, blessing) to the humble."

When we live in pride, trying to succeed without God's help, we're left open to many attacks of the enemy.

But humility is a covering that draws the help of God into our lives to protect us.

When we humble ourselves by saying, "God, I don't know what to do, and I'm trusting You," God will help us.

### 4. An Attitude "I'm Thirsty"

**Matthew 5:6 NKJV** Blessed are those who hunger and thirst for righteousness, for they shall be filled.

I'm always FULL but I'm never full, because I've always got room for more of God and what HE wants to do in my life accordingly to His plans.

I've decided to WALK OUT the righteousness JESUS gave me.

I do what is right, honest and fair for everyone. (Think WWJD)

### 5. An attitude "I'm Merciful"

**Matthew 5:7 NKJV** Blessed are the merciful, for they shall obtain mercy.

We have accepted and received His forgiveness and are always ready to forgive those who are unkind to us or hurt us!

We are on the Lookout for ways to show kindness to others.

### 6. An Attitude "I want to be Pure"

It's saying I have the Attitude, I won't quit until I get there, I will overcome temptation and walk in Victory!

**Matthew 5:8 NKJV** Blessed are the pure in heart, for they shall see God.

When we live with this ATTITUDE NOT ONLY DO WE EXPERIENCE HIM, but Others will see Him too  
"Through You"



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**The enemy tempts us and we can fall into sin, but Jesus encourages us to overcome evil with GOOD!**

**Every time the enemy sets a bad option in front of you, God always has a good one ready. When the temptation to sin feels overwhelming, remember that the Holy Spirit, who is much more powerful than the enemy, also wants to overwhelm you, but in a good way. He wants to influence you to do great things if you will let Him.**

This Attitude also speaks into us being aware to keep a watch on our Motives, letting the Word to shine a light on our lives.

Good motives promote answered prayer and keep us positive!

7. An Attitude of I'm a "Peacemaker"

**Matthew 5:9 NKJV** "Blessed are the peacemakers, for they shall be called sons of God."

LAST week we learnt to stay in PEACE, now we see that it leads to being a "PEACEMAKER" It's POWERFUL when we actively pursue behaviour that will PROMOTE PEACE.

We can and should be BRIDGE-BUILDERS not demolition specialists.

Let us be intentional about controlling our behaviour so people can see Jesus in us.

8. An Attitude of I'm not afraid of "Persecution"

**Matthew 5:10 NKJV** Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

**Persecute:** to harass, tease, make fun of, mistreat or trouble someone. When we consistently stand for and do the right thing, it will get in other people's faces. But we must be willing to stand up for God's Word, if we want to Stand on His Word.

**TWO BONUS ATTITUDES:**

A. **Always AIM** to be a GOD-Pleaser and not a MAN-Pleaser.

**Galatians 1:10 NKJV** "For do I now persuade men, or God? Or do I seek to please men? For if I still pleased men, I would not be a bondservant of Christ."

B. **Be an "EXTRA MILER"** Be a two miler

**Matthew 5:41 NKJV** "And whoever compels you to go one mile, go with him two."

**1 Peter 3:8-9 NKJV** "Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous; not returning evil for evil or reviling for reviling, but on the contrary blessing, knowing that you were called to this, that you may inherit a blessing."

It's amazing that all these scriptures in attitude are attached to the word "BLESSING" - let's go this weekend and walk in it!

**SALVATION PRAYER:** (Romans 10:8-10) Father God, Thank you for sending Jesus to die on the cross for my sin, I Believe in Jesus today and invite Him into my heart, I receive Your forgiveness, Thank You God for saving me.



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