

Weekly Communion

9 December 2021

2 Corinthians 12:9-10 TPT "But he answered me, "My grace is always more than enough for you, and my power finds its full expression through your weakness." So I will celebrate my weaknesses, for when I'm weak I sense more deeply the mighty power of Christ living in me. So I'm not defeated by my weakness, but delighted! For when I feel my weakness and endure mistreatment—when I'm surrounded with troubles on every side and face persecution because of my love for Christ—I am made yet stronger. For my weakness becomes a portal to God's power."

Each day as we spend time with the Lord, we can receive His Grace, this empowers us to live beyond our feelings and enjoy everyday life to the fullest, even when not everything is as it should be.

Grace empowers us to walk in the spirit because in Jesus Christ, God has given us a new nature, but at the same time, we also have to deal with the old nature.

When we allow the old nature to rule, we follow feelings, when in reality, we should operate in self-control.

Self-control is a fruit of our new nature and, thankfully, it is something that can be developed. Much like we build muscles by using them, we can develop self-control by using it.

Freedom in Christ is a gift to be thankful for, and exercising self-control is a form of freedom, not a type of bondage. You don't have to do what you feel like doing. You're free to do what you know is wise. Discipline and self-control will help you be what you say you want to be but never could be without the help of God's guidance and grace.

Prayer of Thanks: Father, I am so thankful that I don't have to be ruled by emotions or impulses. Thank You that with Your help, I can live a self-controlled, overcoming life in Christ.

COMMUNION

Father I thank You tonight that I am forgiven and that I have a race to run, please strengthen me as I look to Jesus.

I recognize my covenant as I partake of the communion and receive His abundant Grace to help me in my time of need.

The bread signifies I am healed of my wounds. The blood I declare that I'm free from all entanglement and sin.

BLESSING

"May the Lord bless you and protect you. May the Lord smile on you and be gracious to you. May the Lord show you his favor and give you his peace." Numbers 6:24-26

